



Umatilla County

Public Health Department

NEWS RELEASE

-- For immediate release --

November 20, 2006

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Flu Shot Clinics Offered *National Influenza Vaccination Week Activities*

Pendleton, Ore. – Have you gotten your flu shot yet? Umatilla County Health Department urges you to take advantage of one of the special Flu Shot Clinics being offered during the local celebration of National Influenza Vaccination Week (NIVW).

“The annual flu shot is still the best protection against the seasonal flu,” stated Genni Lehnert, Administrator for Umatilla County Public Health. Seasonal flu shots will be offered at the Umatilla County Health Department locations on the following dates:

Date	Location	Hours
November 21 (Tuesday)	Pendleton 200 S.E. Third Street	8 – 11 a.m. and 1 to 5 p.m.
November 21 (Tuesday)	Hermiston 435 E. Newport Street	8 – 11 a.m. and 1 to 5 p.m.
November 25 (Saturday)	Pendleton 200 S.E. Third Street	10 a.m. to 2 p.m.
November 27 (Monday)	Milton Freewater 707 E. Broadway	8 – 11 a.m. and 1 to 5 p.m.
December 1 (Friday)	Hermiston 435 E. Newport Street	9 a.m. to 4 p.m.

The cost is \$20.00. Payment in full is expected at time of service. Medicare will be billed.

Every year in the United States, on average 5% to 20% of the population becomes infected with influenza virus. More than 200,000 people are hospitalized from influenza complications and about 36,000 people die from influenza.

“Vaccination is the best way to prevent influenza and its severe complications, reminds Lehnert. “Anyone who wants to reduce their risk for getting influenza should be vaccinated during each influenza season.”

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NEWS RELEASE: Flu Shot Clinics Offered

Page 2 of 2

Annual influenza vaccination is especially recommended for the following groups:

- Persons at high risk for influenza-related complications and severe disease, including:
 - children aged 6-59 months
 - pregnant women
 - persons aged >50 years and
 - persons of any age with certain chronic medical conditions

- Persons who live with or care for persons at high risk, including:
 - household members in frequent contact with persons at high risk and who can transmit influenza to those persons at high risk, and
 - health-care workers

For more information contact your nearest Umatilla County Health Department location. In Pendleton at (541) 278-5432, in Hermiston at (541) 567-3113, or in Milton Freewater at (541) 938-5598.

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