



UMATILLA COUNTY HEALTH DEPARTMENT

NEWS RELEASE

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Contact:

Genni Lehnert, Administrator
(541) 278-5432

Sherena Clements, Preparedness Coordinator
(541) 278-5432

Flu Shot Clinics Scheduled

Pendleton, Or-“The annual flu shot is still the best protection against the seasonal flu,” stated Genni Lehnert, Administrator for Umatilla County Public Health. Seasonal flu shots will be offered at the Umatilla County Health Department locations on the following dates:

Date	Location	Hours
October 20 (Monday)	Pendleton 200 S.E. Third Street	8 a.m. -6 p.m.
October 22 (Wednesday)	Milton-Freewater Community Building 109 NE 5 th Ave	8 a.m.-6 p.m.
October 23 (Thursday)	Hermiston 435 E Newport	8 a.m-6 p.m.

The cost is \$20 per Flu Shot, Pneumonia Shots will also be available. Billing service is available for Regular MEDICARE and MEDICAID only. You will be required to bring your OHP card with you. HMO Medicare plans and all other insurances will not be billed. Some individuals may qualify for a reduced cost flu vaccine, subject to availability. For additional information please call (541) 278-5432

Every year in the United States, on average 5% to 20% of the population becomes infected with influenza virus. More than 200,000 people are hospitalized from influenza complications and about 36,000 people die from influenza.

“Vaccination is the best way to prevent influenza and its severe complications, reminds Lehnert. “Anyone who wants to reduce their risk for getting influenza should be vaccinated during each influenza season.”

The CDC recommends that everyone receive an annual influenza vaccination especially the following groups:

- Persons at high risk for influenza-related complications and severe disease, including:
 - children aged 6-59 months
 - pregnant women
 - persons aged >50 years and
 - persons of any age with certain chronic medical conditions
- Persons who live with or care for persons at high risk, including:
 - household members in frequent contact with persons at high risk and who can transmit influenza to those persons at high risk, and
 - health-care workers

For more information contact your nearest Umatilla County Health Department location. In Pendleton at (541) 278-5432, in Hermiston at (541) 567-3113, or in Milton Freewater at (541) 938-5598.

More information can be found at www.cdc.gov and www.co.umatilla.or.us/health/htm.

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