

# County LCAC Meeting Minutes

DATE JUNE 10,2016 GOOD SHEPHERD HOSPITAL  
HERMISTON, OREGON  
LOCATION

<b>MEETING CALLED BY</b>	LCAC
<b>CALLED TO ORDER</b>	Catie Brenaman, LCAC Chair
<b>ADJOURNED</b>	Catie Brenaman, LCAC Chair
<b>NOTE TAKER</b>	Charlotte Dudley
<b>ATTENDEES</b>	

Old Business Meeting minutes-Name Correction- Robert Safford  
Catie Brenaman moved to approve meeting minutes and Angie seconded. Minutes approved.

<b>DISCUSSION</b>	<p>Changes in leadership. Rod is leaving his position on Thursday. St Anthony is doing just fine on a local level but the bigger group is having financial issues that required the elimination of positions. Rod is applying for new jobs and not sure if he will be available. Rod mentioned that Catie is very competent and is stepping up to fill the role. There will be reelections for the Vice Chair position.</p> <p>The LCAC is still looking for Coordinator. Interested persons should contact Catie Brenaman. There is a stipend available. Meghan Debolt has taken a position in Walla Walla and is leaving the Public Health Dept. Meghan is sitting on the Eastern Oregon Health Living Alliance that will need to be filled. Meghan has also taken the lead on the children’s health assessment for the community.</p> <p>Bart mentioned acknowledged the hard work that Rod has down and everyone wishes him very well. Rod said that he feels so good about the work that has happened and that it is not all about one person but the group and that everyone here cares tremendously.</p>
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**New Business: What are we hearing from consumers?**  
Catie Brenaman shared that she received a letter to her family that there are expanded dental services available for adults. Catie’s hope is that Medicare will follow soon. Expanded services will take effect on July 1.

Sonya Hart - methamphetamines can be a destroyer of teeth making it very hard to concentrate on treatment, she is very happy to see the expansion. In the past dental services for a pregnant women was emergency only.

Now expansion includes cleaning and dentures. Currently, Scott has to drive from Pendleton to Umatilla for people in residential services to receive oral health care. Catie explained that people can have their care switched to Advantage Dental and may be able to access a local provider. Julie said that the numbers served changes weekly.

Robert Safford is working with Kris Bowler, Juli Gregory and Community Health Workers to have more people coming to the table to talk about complex cases. People joining by telephone have been very helpful. Dina Rossi is leaving MODA case management. It is requested that the group ask Kevin for a new number to contact.

It was reported that the OHP cards are coming faster in the mail and people are receiving their OHP card sooner. Johanna McGainey is having trouble getting people to the pharmacy unless it is an emergency. Kris Bowler talked with Dan Schwans/transportation- he is always happy to take a

call and make an exception. Darrin Umbridge shared that anytime people need a pharmacy run the person needs to call Mid Columbia. It can be difficult to fit people in but will make exception. Sometimes folks go far for specialists and then the pharmacy is closed, making it hard to get a ride the next day. Two current restrictions on transportation, a person cannot get food also cannot get prescriptions after an appointment

Greg from Mirosoal Family Health Center let everyone know that Marisol is hosting a health fair on July 31<sup>st</sup>. Everyone is invited to participate. Mirosoal Family Health Center is a community health center in Hermiston and provides community health services for OHP members and noninsured patients. Behavioral health and nutrition services are also available.

Angie Treadwell mentioned that Salvation Army and WIC are working with OSU Extension. And will be holding a cooking class at Salvation Army and participants will receive \$5 Farmer Market voucher. Family health fitness day is on Sept 24<sup>th</sup>

Kris Bowler said that there are trainings coming up June 29<sup>th</sup>. The state wide coordinator for older adults will be providing a training- Dementia 101- Normal Dhar.

July 26<sup>th</sup> Dr Patrick Arbor ,a national speaker who works for Institute on Aging will be doing a suicide and depression training. The training will be in The Dalles but there will be a live feed in Pendleton.

Juli asked if everyone would want for her to send them the vendor request forms along with other information. The group replied yes.

Clearview has done trainings for wheelchair safety going in several towns- Darrin will provide the training anywhere. Clearview can provide flag/beacon for the wheelchairs after people receive a safety training (good for chairs or scooters). They are also working on disability inclusion- going to places in Pendleton to make sure there are healthy choice of foods, more wheelchair charging stations and other things.

Cathy Wamsley has put together 5 dental learning labs- 3 in Umatilla County. They are starting to sign up groups. And have plans to be at Mirosoal Family Health Center and Lifeways. Morrow County had 300 children at an event yesterday.

Cathy mentioned that they are also doing - What to do when your child get sick classes- Aug 11 at Good Shepherd Hospital from 12-2. English and Spanish. Provides book and incentives. Looking for a place in Milton Freewater and will be doing Pendleton- Oct 28<sup>th</sup> at ESD- lunch provided.

Catie shared Healthy Fridays- 1<sup>st</sup> and 3<sup>rd</sup> Friday in conference room 7 from 9:30-11:30 at Good Shepherd Hospital - bmi, blood pressure, cholesterol and A1C- free to anyone that wants to come and any abnormal results are referred to the doctor and if there is no assigned provider, Connexions will help individuals find one.

Walk at the Park Tonight at Riverfront Park-530-630. Snap ed brings treat.

Living well with Chronic Conditions- starting in June- get in touch with Catie if there are any questions.

Anyone can join in physical activity from 6 am or 7pm Monday thru Thursday with the Cross Country Facebook group.

Carol shared upcoming Mental Health First Aid- June 24<sup>th</sup> the focus is for faith community but there is lots of room for the class, please invite people.

July 15<sup>th</sup>- Lifeway Peer Support Network in Pendleton- Mental Health First Aid class. Ask Carol

Johnson any questions. Armenia Serabia will also be there at the peer wellness center in Pendleton

Oregon health policy board for oral health subcommittee- June 21<sup>st</sup> in Pendleton at the St Anthonys at 6pm- looking for feedback on access and services. Can join remotely.

May was physical fitness month at Yellowhawk Tribal Medical Center - if people attended 7 out of 10 walks they received a fit bit. Just wrapped up Seeds to Supper- living healthy and gardening on a budget.

Public Health will have 3<sup>rd</sup> class on Sunday 3-5 at BMCC (Umatilla hall) go to Riverwalk park and just finished in Hermiston- Extension program.

Fun Run has been scheduled and was needed to reschedule because of deaths of some of the tribe members. Lindsey explained that when there is a death, the tribe community members cancel activities while people are in morning. There are services that include dancing and the body is taking to the long house for the dressing of the body and testimonials. Then there is a funeral and meal. It takes many people out the office as a healing priority. And a year later people will remember and memorialize the person.

Angie and Cathy discussed an upcoming town hall meeting in McNary to provide a forum to enhance community connections for wellness- at Umatilla High School- share three ideas get three ideas about community health – Friday October 14<sup>th</sup> (same day as LCAC in Milton Freewater). Cathy hoping the Kevin Campbell will speak.

A School based programs available for any children not just those enrolled in Lifeways from 8:30-4:30. Lifeways is doing fun activities- Reach program

House of Hope of Northeast Oregon- has 501 c3- homeless shelter coming. Huge yard sale June 16<sup>th</sup> for the House of Hope and they are looking for donation. The shelter is on Westwald road in Pendleton- 9 bedrooms. The shelter is for both men and women.

CHW- Community Health Worker Training is coming in July or August and will be at Good Shepherd Hospital.

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**New Business: EOCCO Community Health Improvement Plan Update**

<b>DISCUSSION</b>	Charlotte Dudley briefly discussed the Advisory Council’s role in completing an update of the EOCCO Community Health Improvement Plan. The group began to discuss what the OHA Incentive measures are and why they are important to review at the LCAC level. Cathy Wamlsley mentioned that there are challenges with the incentive measures and how they are measured. She gave an example of the Ages and Stages Questionnaire (ASQ). The ASQ is a developmental screening for young children that have been traditionally used by educators working with parents. The Oregon Health Authority (OHA) has identified the review of the ASQ with a parent by a medical provider to be a priority for the EOCCOs to track and measure. Unfortunately many educators are completing the screening with parents but if it is not completed by a medical provider then it is not measured in the OHA incentive measures for the EOCCO. The EOCCO is required to meet several incentive measures in order to receive funds that have been withheld. Many of the funds that the EOCCO receives are returned to communities for community health projects
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	<p>such as ConneXions and other things. There can be a great deal of confusion around the Incentive measures and some very good discussions about them. The LCAC will have future agenda items that give the LCAC members a chance to discuss various Incentive measures.</p> <p>Meghan Debolt was not able to attend the LCAC meeting but she was able to share information ahead of time from the subcommittee working on the community wide Community Health Assessment. The LCXAC decided to incorporate the health priorities identified by the subcommittee into those of the EOCCO CHIP update. The group selected Weight/Obesity/Nutrition, Violence and Safety, Chronic Disease Prevention, Tobacco/drug use, and Mental Health as their priorities.</p> <p>The Updated EOCCO CHIP is due at the end of June. This does not align with the timelines of several other CHIPs and assessments. Several groups are working on similar projects and plan to have them complete closer to the Fall of 2016.</p>		
<b>DISCUSSION</b>			
<b>ACTION ITEMS</b>	<b>PERSON RESPONSIBLE</b>	<b>DEADLINE</b>	
<ul style="list-style-type: none"> <li>• Invite representatives from transportation to the next LCAC meeting</li> </ul>	Catie Brenaman or Charlotte Dudley	June 2016	
<ul style="list-style-type: none"> <li>• Send out a draft EOCCO CHIP update for review and feedback.</li> </ul>	Charlotte Dudley	June 2016	
<ul style="list-style-type: none"> <li>• Share information of upcoming events and other important information.</li> </ul>	Juli Gregory	June 2016	
<ul style="list-style-type: none"> <li>• Share information about Round Table Event coming in July.</li> </ul>	LCAC members	July 2016	

**Next meeting scheduled for July 8, 2015**  
**OCDC**  
**403 Peabody Street**  
**Milton Freewater, Oregon**