

Minutes
Eastern Oregon Coordinated Care Organization Advisory Committee

September 20, 2013
Good Shepherd Medical Center
Hermiston, OR

Attendees: Sandy Ryman, GOBHI; Carolyn Mason, Umatilla County Human Services; George Murdock, Umatilla County Commissioner; Al Plute, Pendleton City Council; Sarah Williams, Umatilla County Public Health; Amy Ashton-Williams, Center for Women & the Family and Osoa Therapy; Jennifer Lewis, Yellowhawk; Cathy Wamsley, Umatilla-Morrow Head Start; Lesli Scharbrough, Good Shepherd Medical Center Education; Heidi Eidler, EOCL; Rod Harwood, St. Anthony Hospital; Juli Gregory, Good Shepherd Medical Center; Kathie Mallory, Good Shepherd Medical Center; Patrick Hart, Hermiston Fire; Candice Osborne, Hermiston Fire; Colin Dumont, EOAF; Amy Conner, Good Shepherd Medical Center; Kathy Thomas, Good Shepherd Medical Center; Shelly Ena, Safe Kids Umatilla-Morrow

Call to Order: Acting Chair Rod Harwood called the meeting to order at 9: 10 a.m.

Introductions : Self-introductions were given by all the attendees.

Approval of minutes: No minutes were available from the August 9, 2013 Community Advisory Committee Meeting. Approval was tabled until the next meeting.

Organization and Clarification of Roles: Rod Harwood stated he was acting as chair of the LCAC as the previous chair, Connie Caplinger, was no longer in her position due to restructuring within her parent organization. Rod inquired as to whether or not any other officers were elected when the group was established. Cathy Wamsley stated the group had not officially elected any officials other than Connie Caplinger as chair.

Rod Harwood suggested the group review the EOCCO LCAC Charter in order to assure the group was aware of the expectations of the LCAC. After reviewing the LCAC Charter, it was noted that the overall goal of the LCAC is to “ensure EOCCO is responsive to member and community health needs”. The LCAC Charter states that each LCAC member must submit an application which will be reviewed by the County Commissioners and appointed by the EOCCO Board of Directors. The charter also states that each LCAC shall elect officers (Chair, Vice Chair and Secretary).

Cathy Wamsley, Heidi Eidler and Rod Harwood stated they had completed applications for the LCAC, while other members did not recall having done so. A member of the group stated that as the members of the group had changed significantly since the beginning, it would be helpful to know who (individuals or organizations) had applied to be part of the CAC. Sandy Ryman stated it was her understanding that those who had applied were given the County Commissioners approval according the process outlined in the LCAC charter. Commissioner George Murdock asked when those names might have been approved. Sandy was unsure on the specific date, but agreed that it might have been prior to Commissioner Murdock’s election.

Action: Sandy stated she would send the original list of LCAC applicants to Rod Harwood to distribute as needed.

It was generally acknowledged among the group that new officers should be elected in accordance with the LCAC Charter. Rod Harwood was nominated by Cathy Wamsley to serve as the Chair. Heidi Eidler second the nomination. None were opposed. Rod Harwood nominated Cathy Wamsley as Vice Chair. Heidi Eidler seconded the nomination. None were opposed. Cathy Wamsley nominated Sarah Williams as secretary. Heidi Eidler seconded the nomination. None were opposed. The officers for the Umatilla County LCAC are as follows: Chair Rod Harwood, Vice Chair Cathy Wamsley, Secretary Sarah Williams.

Sandy Ryman reported the EOCCO had previously paid Umatilla County a sum of \$4620 to assist with the coordination of the LCAC. Commissioner Murdock stated he would follow up with the finance department to ensure the money was transferred to the correct account to ensure appropriate use of the funds for purposes such as administrative assistance, copies for meetings or refreshments.

Community Health Assessment and Improvement Plan:

Gathering Children's Data

Cathy Wamsley stated she had shared the children's data collected by Umatilla-Morrow Head Start with Sandy Ryman. She also stated that during the process of applying to be an Early Learning (EL) Hub, strategies were developed and written to address gaps in services for families.

Action: Sandy Ryman stated she would send any information sent to her by Cathy Wamsley back to the LCAC for distribution.

Dental Data

Data regarding dental services, particularly for the pediatric population has been identified as a gap. Cathy Wamsley stated Head Start participated in an Advantage Dental Program called SMILES which may have gathered Umatilla County specific data.

Action: Sandy Ryman stated she would call Advantage Dental to inquire as to whether or not Umatilla County data existed and if the EOCCO could utilize the data.

Unintentional Injuries and Deaths

This agenda item was tabled until the next LCAC meeting in October.

Community Health Assessment/Needs Assessment Sub Committee

Discussion followed regarding responsibilities of the LCAC. According to the charter, much of the focus of the LCAC should rest in conducting a Community Health Assessment (CHA) and creating a Community Health Improvement Plan (CHIP) from the information gathered by the assessment. Each LCAC in the EOCCO will provide a CHA and CHIP to the CCO. The CCO will then combine the CHIP's from each LCAC and have a CCO wide CHIP. A timeline for completing the CHA and CHIP processes was provided at an earlier LCAC meeting. Sandy Ryman gave a brief overview of the timeline: the CHA must be condensed down to two pages and sent to the regional CAC by November 2013; the CHIP must be submitted by March 2014. The overall CCO CHIP must be submitted to the state in June 2014.

Action: Sandy Ryman stated she would resend the timeline (which had been shared at a previous LCAC meeting) to ensure all members are informed of the timeline.

In effort to assure the timeline is adhered to, it was suggested that the group form a subcommittee to condense the Community Health Assessment as well as the Hispanic Health Assessment data down to two pages. Rod Harwood asked for volunteers to serve on the subcommittee. Colin Dumont, Rod Harwood, Sarah Williams, Heidi Eidler and Julie Gregory volunteered.

Action: The group plans to meet the second week in October. Sandy Ryman will send the guidelines of what should be included in the condensed version of the CCO to Rod Harwood.

Implementation and Report on Community Health Improvement Plan (CHIP)

Rod Harwood stated each of the two established (Hermiston and Pendleton) coalitions have created documents which outline the plan for addressing the health issues identified as priorities. He stated both coalitions are working on similar issues and it was probable that the soon to be established Milton-Freewater coalition would focus on similar things. Rod Harwood stated he envisioned the plans created by the three coalitions combined into one document which would serve as the county CHIP. Sarah Williams expressed the importance of recognizing each individual coalition's plans and contributions to improving the health of the county. She did however, note that simply combining the individual community plans may make a bulky and somewhat cumbersome document. Sarah Williams suggested creating a more general CHIP which encompasses the overall goals of each of the individual coalitions to put forth as the LCAC CHIP. Discussion among group members followed.

Action: After the discussion it was decided that Sarah Williams will bring a draft of the "combined" CHIP to the October LCAC meeting.

Discussion of Collaborative Care Issues and Recommended Preventive Health Care Practices

Heidi Eidler discussed the recent data released regarding HIV rates. Umatilla county currently has the lowest viral load and highest CD4 rates in the state. This is exciting news as it indicates a higher level of health for those individuals living with HIV in the county. Heidi Eidler also noted 41% of HIV positive individuals in Umatilla County are female. This statistic is of note as it is typical for the majority of HIV positive individuals to be male. She stated this information helps Eastern Oregon Center for Independent Living (EOCIL) to identify populations which may need more education in regards to the transmission of HIV.

Pat Hart of Hermiston Fire discussed the role of first responders in the healthcare transition. He noted that first responders often see patients before they seek help from other providers. He noted there is a gap between when care is received and patients in their own homes. EMS serves a critical role as they often identify patient needs prior to the patient notifying the physician, but stated due to privacy laws, first responders are limited in what they can do. Pat Hart stated "we don't have an avenue to bring needs to someone's attention in order to make a difference". Hart also noted that EMS is working to change their focus and the public's perception of EMS from an "emergency service" and move towards prevention.

Group discussion followed regarding care coordination. Multiple members of the group noted that care coordination was a key to improving health outcomes as well as saving money for the EOCCO population. Al Plute noted that if providers could communicate with each other it may eliminate much of the costly duplication that occurs in the current health care system. HIPPA and communication barriers were discussed in depth. Sandy Ryman pointed out that while HIPPA is in place for privacy reasons, patient information can be shared for the purpose of care coordination.

Action: The discussion concluded by the group deciding that the LCAC should identify best practices in regards to care coordination and develop a clear vision for what the group would like for Umatilla County.

Amy Ashton Williams identified a the issue of prescription pain medication abuse. The issue of delays in the pharmacy site verification as well as lack of information from other states (Washington) creates a dilemma for providers who care for patients with prescription medication management. She stated the importance of recognizing that these patients have very real pain, but also underlying mental health or addiction issues that need to be dealt with. Sandy Ryman noted that the Columbia Pacific CCO which GOBHI is also involved in, has identified prescription pain medication abuse as a priority and are training providers on how to deal with this issue at all levels (primary care, emergency room, mental health, etc).

Good of the Order/Partner Reports:

Jennifer Lewis distributed the Yellowhawk Community Report. This is Yellowhawk's first report detailing the work being conducted within the tribal community. She also noted that Yellowhawk is gearing up for the healthcare marketplace (Cover Oregon) to go live. Jennifer Lewis noted Yellowhawk has received a grant for to financially support application assistors. She stated she has been working to provide information to Tribal Council about the healthcare market place.

Kathy Thomas and Juli Gregory reported that the annual Good Shepherd Family Health and Fitness Day would be held on Saturday September 28 at Hermiston High School. This year, there will be numerous health screening opportunities which could save an individual as much as \$1500. This is a free event. In previous years, more than 4,000 people have attended the event. In addition to screenings, there will be a family bike ride and other family oriented health event. Flyers are available if anyone is interested.

Cathy Wamsley reported Umatilla-Morrow Head Start and InterMountain Educational Service District (IMESD) have submitted an application to serve as the Early Learning Hub for Umatilla, Morrow, and Union counties. She stated that under the governance structure for the proposed Blue Mountain Early Learning Hub, each county's Early Childhood Partnership Team (ECPT) would serve as an advisory council. The next Umatilla county ECPT meeting will be held October 3rd at 9am. The meeting will be held at IMESD. Cathy Wamsley encouraged all interested parties to attend the meeting as elections will be held during this meeting for representatives to serve on the governance board.

"The Strategy that Will Fix Health Care"

"The Strategy that Will Fix Health Care" article was distributed. A discussion in relation to this article will be facilitated by Carolyn Mason and Sarah Williams at the next LCAC meeting.

Next Meeting:

The date and time of the next meeting were discussed. The group had previously been meeting on the 2nd Friday of each month. However, in October, due to many members having conflicts, the meeting was scheduled for Friday October 18 at 9:30am at the Umatilla County Courthouse, Room 114.

Meeting was adjourned

Respectfully Submitted,
Sarah R. Williams
Umatilla County Public Health